

CENTRAL CARE POLICY HOW TO USE A NEBULIZER

SUBJECT:	HOW TO USE A NEBULIZER
ANNUAL REVIEW MONTH:	June
RESPONSIBLE FOR REVIEW:	Director of Central Care
LAST REVISION DATE:	August 2010

Nebulizer Set Up Instructions:

1. Plug up nebulizer
2. Open front cover
3. Open Neb Kit
4. Lay out all pieces
 - a. Tubing
 - b. Mouth piece
 - c. T-piece
 - d. Flex Tubing
 - e. Medication chamber

Assembling Neb Kit:

1. Attach tubing to nebulizer
2. Take medication chamber and attach the other end of tubing
3. Take T-piece and place on top of medication chamber
4. Take mouth piece and push into one end of the T-piece
5. Take the flex tubing and place on the other end of the T-piece

Placing Medication in Neb Kit:

1. Un-screw T-piece from medication chamber
2. Pour vial into med chamber
- Or
3. Unscrew the med chamber and pour vial in
4. Re-assemble

How to Take Treatment:

1. Turn on nebulizer.
2. Place lips around mouth piece (tightly)
3. Inhale and exhale through mouth
4. Treatment should last about 7-12 mins.
5. Should consumer start coughing, stop treatment, relax a few minutes then go back to the treatment.

Cleaning Neb Kit:

1. Dis-Assemble Neb kit
2. Rinse all pieces under warm water after each use
3. Place on paper towel and let air-dry
4. After last treatment of the day, dis-assemble and place in a small bowl.
5. Fill bowl with water, pour two (2) tablespoons of white vinegar in and let soak for 15-20 mins.
6. Rinse under warm water and let air-dry on paper towel.

APPROVED: _____ **TITLE:** Director of Central Care **DATE:** _____
George Harris, LCSW