

**PHYSICAL AND NUTRITIONAL MANAGEMENT SCREENING RISK ASSESSMENT
FOR PEOPLE WHO EAT BY MOUTH**

ASSESSMENT CATEGORIES	SCORE	DATE / /	DATE / /	DATE / /	DATE / /
Mental Retardation	1				
Dementia	1				
Delirium	2				
Mania	1				
PICA	2				
Dysphagia Diagnosis OR	2				
1) Positive (abnormal) bedside swallowing study	1				
2) Barium swallow positive for aspiration	*				
Choking Episode in the Past 3 Years					
1) Led to hospitalization	2				
2) Led to ER visit	1				
3) Required suction, Heimlich or other acute intervention	1				
4) Had prolonged coughing, but cleared without assistance	1				
Cerebral Palsy	1				
History of Gastro-Esophageal Reflux (GERD)	1				
History of Rumination	1				
Previous episodes of aspiration/aspiration pneumonia	3				
CVA (recent)	2				
Degenerative Neurologic Disease	2				
Parkinson's/Huntington's Diseases	2				
Other Movement Disorders	1				
Inefficient chewing or Difficulty chewing	1				
Absence of chewing	2				
Cannot sit or stand up for oral care	2				
Requires a positioning program	2				
Dry mouth or Excess oral secretions	1				
Difficulty swallowing (including holding food in mouth)	2				
Gags or coughs during eating, drinking or on saliva	2				
Other client specific condition, such as esophageal dysmotility, CHF, COPD, RAD	1 point for each				
Needs assistance to eat	1				
Feeds self too fast/Increased rate of eating	1				
Packs food in mouth	2				
Is prescribed a texture-modified diet (mechanically altered diet)	*				
Totally dependent for eating	2				
Steals/Hoards/Hides food	1				
Wheelchair: Upright	1				
Wheelchair: Semi-recline	2				
Any non-psychotropic medication that can cause sedation, muscle relaxation, and/or dry mouth	1				
Any psychotropic medication	1				
TOTAL SCORE:					

RISK SCORE: (0-12) MINIMAL (13-18) MODERATE (19 or higher) SEVERE

*** Anyone with either of these two items is always considered to be at a severe risk level.**

SIGNATURE:

DATE:

Stamp Plate